

2020

10K Wrap Up & Run Road Race

TG Silundika Cultural Community Centre
presents

WRAP UP & RUN 10K ROAD RACE



The Silundika Family Trust & The
Silundika Family Foundation presents:

10K Wrap Up & Run Road Race

Updated: 6 June 2020

Theme 2020

Ayimusidzileni Milenje Nemipanga Yedu. Tihha Kobva Pasisila.

Let's Revive Our Culture, Norms and Values. Great Things Start from Small Beginnings.

THE ROAD RACE

The annual TiBaKalanga 10K Run at the TG Silundika Cultural Community Centre will help to continue our efforts to enhance the Ward 6- Bulilima District community experience and to foster social cohesion through sports.

The aim of the race is to promote social cohesion in Bulilima District through sports.

The 10K Wrap Up & Run Road Race is an annual sports event of the TiBaKalanga/We Are Kalanga Festival.

PROJECT BACKGROUND

The idea of a 10K race was first mooted in 2015 as part of the centre's efforts to introduce recreational programs and activities aimed at discouraging unemployed youth from engaging in self-destructive activities. Other than football and in most cases with ill equipped pitches, there's little recreational activity for the youth. It is with this background that the centre seeks to introduce affordable and self-sustaining and self-help programs. The idea of running a 10 kilometer race was first met with skepticism by some but it ultimately won the assent of the youth including other stakeholders in the district. The key however, was to come up with a lucrative enough incentive for a fierce competition. Targets were set and the planning process began in earnest in March.

PROJECT GOAL

We are truly grateful to the support we received in 2019. Please help make the next race a memorable one and sponsor us today!

Our long term goal is to build a sports complex adjacent to the cultural centre, with the costs expected to be in the region of \$5000. You have a choice to either sponsor the 2019 event or make a donation towards the sports complex or both. The ultimate aim of the race is to promote social cohesion in Bulilima District through sports.

Please review the forms for the project below.

OBJECTIVES & BENEFICIARIES

The runners will benefit from an improved physical condition after this race. Everyone knows that running is a great way of achieving optimal physical fitness. It benefits every part of the body. The competition is a chance for the runners to gain self-esteem and take pride in their accomplishments.

While the runners are seemingly the main beneficiaries, the community at large benefits from this event too. It is a chance for a fun-filled family event where parents and siblings come out to support the runners from their respective village. Increased competition and rivalry is a necessary component in community development. Local businesses too will benefit from increased commercial activity on this day.

PARTICIPATION & ROUTE

Starting Point: Gampu Shopping Centre – Finish Line: TGSCCC. (Gala)

Participants:

Anyone above the age of 16 is eligible to run, conditional on passing the necessary medical examination.

The Centre is looking for volunteers from the community to work as ushers and marshals (anyone above the age of 12 years can volunteer)

SAFETY:

We take the safety of all the runners, volunteers and spectators very seriously. Local law enforcement officers, health and safety authorities in Bulilima District will always be invited.

PROPOSED BUDGET FOR 2020

Item	Cost
50kg maize meal	\$ 100,00
Water Bottles	\$ 200,00
Catering 500 guests	\$ 650,00
Fuel for 4 vehicles	\$ 300,00
Bibs	\$ 100,00
50 T-shirts	\$ 150,00
Medals & Cash Prizes	\$ 200,00
	\$ 500,00
Partial Total	\$ 2.000,00

SPONSORSHIP FORM

Yes! I agree to sponsor the TiBaKalanga 10K Run

I pledge a cash donation of \$_____ to be collected on _____ (Please indicate date)

Send Eco-cash to Mrs Virginia Ndlovu:
Mobile Tel: +263773891492.
Email: virgiendlovu4@gmail.com

And / Or

I pledge a donation in the form of (Please indicate the quantity):

e.g. food _____

or _____ (Any donation of your choice)

First Name Last Name

Name of sponsor (company, individual or organization)

Email Address

Address City Country

Donations can also be made via our website: www.tgsilundikaculturalcommunitycentre.org

NEED MORE INFO? CONTACT US!

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